

The Leisure Link

A unique community based program promoting wellness, independence, friendships and fun.



Fall 2025



Just a few notes & reminders...

**Our last "Pottery Paint Night" will be on September 18! Please see page 7 for the details.
Lets make this the biggest and best yet!**

- ♦ Letters were sent out on August 11th to all families notifying you of changes that are arriving in this edition of "The Leisure Link". In case you didn't receive it, this is to update you on the status of the DDS Community Enhanced Grant that the Recreation Program has been receiving since January 1, 2024, and which continues through September 30, 2025. What does this mean for all the individuals who participate in MARC's Adult Recreation program? MARC is committed to continuing to offer Recreational Programs currently being overseen by myself. Program reservation fees will remain at \$20.00, but we will have to revert back to passing on some of the costs within programs to you, as we did prior to January 1, 2024.

If you have any questions about this change, please do not hesitate to reach out to me.

As always, thank you for your continued support of MARC's Adult Recreation Program!

~Lisa



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Important Information

Have a Question? or Concern? or Complaint?

Lisa can be reached at (860) 342-0700 x 813 or at lisa.christensen@marc-cr.org

Please leave a message and your call/email will be returned as soon as possible.

Registration:

Due to the popularity of many programs, it is advised to register early. Most programs are community inclusive and are not conducive to large groups.

*Payment received reserves a slot for that program. Please complete and return the registration form along with your payment.
Both must be received by MARC in order to participate in any programs.*

Fees:

Payments for programs are due no later than the registration deadline.

Program Cancellations:

MARC reserves the right to cancel programs due to insufficient registration or inclement weather. There will be no refunds for any program which is canceled due to inclement weather.

Participant Eligibility:

All recreation programs are open to people with disabilities. Depending on individual needs, a chaperone may be required at the request of MARC Recreation.

Transportation:

For most recreation programs, transportation will be provided to and from a designated meeting place. However, door-to-door transportation may be available for select programs but only within the Middletown area. Due to increases in fuel prices, door-to-door transportation will now cost \$4.00 for a one-way transport.

Other:

MARC Recreation will not be held responsible for any articles lost during a recreation program.

**Registration Deadline:
Friday, August 29, 2025**

Middletown Programs**"Bowling" at Mohegan Sun** Limit: 5

Lets go bowling, then have dinner at "Bobby's Burger Palace" and walk around!

Day/Date: Tuesday, September 2

Place: Mohegan Sun Casino in Uncasville

Cost: \$20.00 reservation fee. Bring \$\$ for spending and \$25.00 for dinner.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 2:30pm, pick up at 25 Industrial Road, Middletown for 8:30pm.

Other: Must be able to walk long distances independently. Must like to bowl!

Hartford Athletics Soccer Game Limit: 5

Lets watch the Athletics take on the Indy Eleven!

Day/Date: Wednesday, September 3

Place: Trinity Health Stadium in Hartford



Cost: \$20.00 reservation fee.

Payment for any purchases of food or souvenirs at this venue will require a VISA/MC debit card with a working chip.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 5:15pm, pick up at 25 Industrial Road, Middletown for 9:45pm.

Mystic Seaport & Lunch Limit: 5

Lets explore this maritime museum!

Day/Date: Saturday, September 6

Place: Mystic Seaport in Mystic. Lunch TBD.

Cost: \$20.00 reservation fee. Bring \$\$ for gift shop and \$25.00 for lunch.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 8:45am, pick up at 25 Industrial Road, Middletown for 3:00pm.

Other: Must be able to walk long distances independently.

Yard Goats Baseball Game Limit: 6

Lets watch the Goats take on Reading in a LUXURY SUITE with a catered lunch!

Day/Date: SUNDAY, September 7

Place: Dunkin' Park in Hartford

Cost: \$20.00 reservation fee.

Payment for any purchases of food or souvenirs at this venue will require a VISA/MC debit card with a working chip. No cash is accepted.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 11:30am, pick up at 25 Industrial Road, Middletown for 4:30pm.

**Corn Maze & Dinner**

Limit: 5

Lets go get lost in the "CT Pizza" corn maze!

Day/Date: Tuesday, September 9

Place: Lyman Orchards in Middlefield and Athenian Diner in Middletown

Cost: \$20.00 reservation fee. Bring \$\$ for spending at Lyman's Apple Barrel and \$25.00 for dinner.

Meeting Place: Meet at 25 Industrial Rd, Middletown for 2:15pm, pick up at 25 Industrial Road, Middletown for 7:15pm.

Other: Must be able to walk long distances independently.

CT Sun Basketball Game

Limit: 5

Lets watch the Sun take on the Atlanta Dream!

Day/Date: Wednesday, September 10

Place: Mohegan Sun Arena in Uncasville

Cost: \$20.00 reservation fee.

Payment for any purchases of food or souvenirs at this venue will require a VISA/MC debit card with a working chip. No cash is accepted.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 4:45pm, pick up at 25 Industrial Park Rd, Middletown for 10:15pm.

Other: **Must be able to accommodate walking long distances, heights and stairs.**

**Farmers's Market & Dinner** Limit: 5

Lets walk around this market and then enjoy dinner!

Day/Date: Thursday, September 11

Place: Solomon Welles House in Wethersfield and Noodles in Glastonbury

Cost: \$20.00 reservation fee. Bring \$\$ for spending and \$25.00 for dinner.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 2:30pm, pick up at 25 Industrial Park Rd for 6:30pm.

Other: Must be able to walk long distances independently.

Dave & Buster's Arcade & Dinner

Limit: 5

So many arcade games to choose from!

Day/Date: Wednesday, September 17

Place: Dave & Busters and Red Robin Restaurant in Manchester

Cost: \$20.00 reservation fee. Bring \$30.00 for dinner.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 2:30pm, pick up at 25 Industrial Park Rd for 7:45pm.





Pottery Paint Night
September 18, 6-9pm
See page 7 for details!

Play at Goodspeed Opera House:
"Chorus Line"

Limit: 3

Let's enjoy a great musical experience!

Day/Date: Wednesday, September 24

Place: Goodspeed Opera House in East Haddam

Cost: \$20.00 reservation fee. Bring \$\$ for drink and snack.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 6:00pm, pick up at 25 Industrial Road, Middletown for 10:30pm.

Other: Please eat dinner prior to meeting. Must be able to walk long distances and stairs independently.



Mystic Aquarium

Limit: 5

So much to see, lets enjoy the fish and sea animals!

Day/Date: Saturday, September 27

Place: Mystic Aquarium & restaurant TBD

Cost: \$20.00 reservation fee. Bring \$25.00 for lunch & \$\$ for spending.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 8:00am, pick up at 25 Industrial Road, Middletown for 2:30pm.

Other: This program is open to only those who have not attended the last time it was offered in Summer 2024. Contact Lisa if you need clarification. Must be able to walk long distances independently.



Early Bird Bowling

Limit: 5

Guys vs Gals! Lets go!

Day/Date: Wednesday, October 8

Place: Bowl-O-Rama in Newington

Cost: \$20.00 reservation fee. Bring \$20.00 for bowling and a drink.

Meeting Place: Meet at 25 Industrial Park Road, Middletown at 2:30pm, pick up at 25 Industrial Road, Middletown for 5:15pm.



Riverton Fair

Limit: 5

Let's check out this new fair!

Day/Date: Friday, October 10

Place: Riverton Fair in Riverton

Cost: \$20.00 reservation fee. Bring \$8.00 for admission, \$\$ for spending and \$20.00 for dinner.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 2:30pm, pick up at 25 Industrial Park Rd for 8:15pm.

Other: Must be able to walk long distances independently.

MYARC Dance Class

Limit: 10

Stacey is back to kick off another year!

Day/Dates: Tuesdays, October 14, 21 28 November 4

Place: Mercy High School in Middletown

Cost: \$80.00 includes reservation fee and classes.

Meeting Place: Meet at Mercy High School, Middletown for 3:00pm, pick up at Mercy HS for 4:00pm sharp or 25 Industrial park Rd, Middletown for 4:45pm.

Other: Limited door-to-door transportation in the Middletown area only is being offered.

PLEASE NOTE:

With an uptick of cancellations due to inclement weather and a decrease in participation and volunteers in the past 23years, MYARC Dance Classes will only be offered for one session in the Fall of 2025. Thank you for your continued support of this programming.



Mini Golf & Lunch

Limit: 5

The best mini golf in CT! And a new restaurant!

Day/Date: Saturday, October 18

Place: Matterhorn Mini Golf in Canton & Raising Cane's in Simsbury

Cost: \$20.00 reservation fee. Bring \$12.00 for mini golf and \$20.00 for lunch.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 9:00am, pick up at 25 Industrial Park Rd for 2:30pm.

Please Note: Must like CHICKEN FINGERS!



MYARC Arts & Crafts**Limit: 10***Stacey is back to kick off another year!***Day/Dates:** Thursdays, October 16 & 23
November 6, 13 & 20**Place:** Mercy High School in Middletown**Cost:** \$90.00 includes reservation fee and classes.**Meeting Place:** Meet at Mercy High School, Middletown for 3:00pm, pick up at Mercy HS for 4:00pm sharp or at 25 Industrial park Rd, Middletown for 4:45pm.**Other:** Limited door-to-door transportation in the Middletown area only is being offered.**PLEASE NOTE:**

With an uptick of cancellations due to inclement weather and a decrease in participation and volunteers, MYARC Arts & Crafts Classes will only be offered for one session in the Fall of 2025. Thank you for your continued support of this programming.

**Early Bird Movies****Limit: 5***Let's watch this newly released movie "Pets on a Train".***Day/Date:** Wednesday, October 22**Place:** Picture Show in Berlin**Cost:** \$20.00 reservation fee. Bring \$8.00 for admission and \$\$ for snacks.**Meeting Place:** Meet at 25 Industrial Park Rd, Middletown (approx. 2:00pm). Pick up time at 25 Industrial Park Rd, Middletown TBD.**Other:** Meeting times determined the week prior.**Pizza & Bingo****Limit: 15***Enjoy a night of fun, pizza and prizes with your friends!***Day/Date:** Friday, October 24**Place:** 25 Industrial Park Rd, Middletown**Cost:** \$30.00 includes reservation fee and dinner and bingo prizes.**Meeting Place:** Meet at 25 Industrial Park Rd, Middletown for 4:30pm, pick up at 25 Industrial Park Rd, Middletown for 7:00pm.**Pottery & Dinner****Limit: 5***Relaxing fun with friends!***Day/Date:** Thursday, October 30**Place:** Glazed Pottery & Chipolte in Glastonbury**Cost:** \$20.00 reservation fee. Bring \$20 to \$30 for pottery project and \$25.00 for dinner.**Meeting Place:** Meet at 25 Industrial Rd, Middletown for 2:30pm, pick up at 25 Industrial Road, Middletown for 6:30pm.**Wolfpack Hockey Game****Limit: 5***Let's go watch the Pack take on the Charlotte Checkers!***Day/Date:** Wednesday, October 29**Place:** XL Center in Hartford**Cost:** \$50.00 includes reservation fee and ticket.

Payment for any purchases of food or souvenirs at this venue will require a Visa/MC debit card with a chip. No cash is accepted.

Meeting Place: Meet at 25 Industrial Park Rd, Middletown for 5:30pm, pick up at 25 Industrial Park Rd for 9:45pm.**Other:** Must be able to walk long distances independently.**Lunch & Duckpin Bowling****Limit: 5***So much easier and fun!***Day/Date:** Saturday, November 8**Place:** Highland Bowl in Cheshire and Subway in Middletown**Cost:** \$20.00 reservation fee. Bring \$20.00 for lunch and \$16.00 for bowling.**Meeting Place:** Meet at 25 Industrial Park Rd, Middletown for 11:30am, pick up at 25 Industrial Park Rd for 4:15pm.**Carousel Museum & Dinner****Limit: 5****Day/Date:** Friday, November 14**Place:** Carousel Museum & Moe's Southwest Grill in Bristol**Cost:** \$20.00 reservation fee. Bring \$15.00 for admission and \$20.00 for dinner.**Meeting Place:** Meet at 25 Industrial Park Road, Middletown at 2:30pm, pick up at 25 Industrial Road, Middletown for 7:00pm.**Shopping & Dinner****Limit: 5***Shopping and lots of steps!***Day/Date:** Tuesday, November 18**Place:** IKEA in New Haven & Panera Bread in Wallingford**Cost:** \$20.00 reservation fee. Bring \$\$ for spending and \$25.00 for dinner.**Meeting Place:** Meet at 25 Industrial Park Rd, Middletown for 2:30pm, pick up at 25 Industrial Park Rd for 7:30pm.**Other:** Must be able to walk long distances independently.

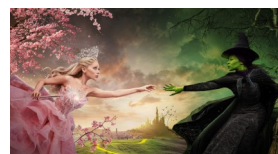
Mixed Bowling & Dinner**Limit: 5***Guys vs Gals! Lets go!***Day/Date:** Wednesday, November 19**Place:** Lessard Lanes and Frankies in Plainville**Cost:** \$20.00 reservation fee. Bring \$10.00 for bowling and \$25.00 for dinner.**Meeting Place:** Meet at 25 Industrial Park Road, Middletown at 2:30pm, pick up at 25 Industrial Road, Middletown for 7:15pm.

Registration Deadline:
Friday, August 29, 2025

Shoreline Programs**Yard Goats Baseball Game****Limit: 5***Lets watch the Goats take on the Reading Fightin Phils.***Day/Date:** Thursday, September 4**Place:** Dunkin' Park in Hartford**Cost:** \$20.00 reservation fee.

Payment for any purchases of food or souvenirs at this venue will require a VISA/MC debit card with a working chip. No cash is accepted.

Meeting Place: Meet at Mystic Market, Old Saybrook for 5:00pm, pick up at Mystic Market for 9:45pm.**Mystic Seaport & Lunch****Limit: 5***Lets explore this maritime museum!***Day/Date:** Saturday, September 13**Place:** Mystic Seaport in Mystic. Lunch TBD.**Cost:** \$20.00 reservation fee. Bring \$\$ for gift shop and \$25.00 for lunch.**Meeting Place:** Meet at Mystic Market, Old Saybrook for 9:00am, pick up at Mystic Market for 2:30pm.**Bowling & Dinner #1****Limit: 5***Same place, different time!***Day/Date:** Friday, September 26**Place:** Groton Bowling Center for bowling & dinner.**Cost:** \$20.00 reservation fee. Bring \$20.00 for dinner.**Meeting Place:** Meet at Mystic Market, Old Saybrook at 4:45pm, pick up at Mystic Market, Old Saybrook for 9:00pm.**Pottery & Lunch****Limit: 5***Let's get our paint on!***Day/Date:** Saturday, October 11**Place:** The Clay Date in New Haven and Panera Bread in Branford**Cost:** \$20.00 reservation fee. Bring \$25 for pottery and \$25.00 for lunch.**Meeting Place:** Meet at Rt 81 commuter lot in Clinton at 9:15am, pick up at Rt 81 commuter lot in Clinton for 2:15pm.**Movie Night #1****Limit: 5***Let's watch this newly released movie "Pets on a Train".***Day/Date:** Friday, October 17**Place:** Westbrook Cinema**Cost:** \$20.00 reservation fee. Bring \$14.00 for movie ticket and \$\$ for snacks.**Meeting Place:** Meet at Westbrook Cinema, Westbrook for 6:15pm, pickup TBD.**Time subject to change based on movie start times.****Corn Maze & Lunch****Limit: 5***Lets go get lost in the "Dragon" maze... and then find the perfect pumpkin.***Day/Date:** Saturday, October 25**Place:** Scott's Corn Maze in East Lyme and Sound View Shack in Old Lyme**Cost:** \$20.00 reservation fee. Bring \$13.00 for maze admission, \$\$ for a pumpkin and \$20.00 for lunch.**Meeting Place:** Meet at Mystic Market, Old Saybrook for 9:00am, pick up at Mystic Market for 2:00pm.**Other: Must be able to walk long distances independently.**

Bowling & Lunch #2**Limit: 5***Game on!***Day/Date:** Saturday, November 1**Place:** Groton Bowling Center & Moe's Southwest Grill in Waterford**Cost:** \$20.00 reservation fee. Bring \$10.00 for bowling and \$25.00 for lunch.**Meeting Place:** Meet at Mystic Market, Old Saybrook at 9:30am, pick up at Mystic Market, Old Saybrook for 2:30pm.**Westbrook Elks Bingo****Limit: 3***Who's winning next..LISA IS!***Day/Date:** Wednesday, November 5**Place:** Westbrook Elks Lodge**Cost:** \$20.00 reservation fee. Bring \$16.00 for bingo and \$25.00 for dinner. Bring a dabber if you have one.**Meeting Place:** Meet at Westbrook Elks for 4:45pm, pickup at Westbrook Elks for 9:00pm.**Out to Dinner****Limit: 5***Let's get our sushi on!***Day/Date:** Tuesday, November 11**Place:** Hanami Japanese in Clinton**Cost:** \$20.00 reservation fee. Bring \$35.00 for dinner.**Meeting Place:** Meet at Hanami in Clinton for 5:00pm, pick up at Hanami for 7:00pm.**Movie Night #2****Limit: 5***We've waited a whole year for "Wicked For Good, Part 2"!***Day/Date:** Friday, November 21**Place:** Westbrook Cinemas**Cost:** \$20.00 reservation fee. Bring \$14.00 for ticket and \$\$ for snacks.**Meeting Place:** Meeting time at Westbrook Cinemas TBD (approx. between 6:00pm – 7:00pm)

@

Pottery Paint Night

Thursday,

September 18, 6-9pm



60 Hebron Ave, 2nd Floor
Glastonbury

- ♦ Bring a friend or family member
 - ♦ Reservations are required. \$10.00 reservation fee includes choice of pottery (**up to \$75 value**), beverage and dessert.
- Contact Lynn at (860) 342-0700 x306 to make your reservation and payment by **9/11/25**.
- ♦ All guests are responsible for their own transportation
 - ♦ Food & drink are welcome



September 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	1 	2 Mohegan Sun Bowling (M)	3 Hartford Athletics Soccer (M)	4 Yard Goats Baseball Game (S)	5	6 Mystic Seaport (M)
7 Yard Goats Baseball Game (M)	8	9 Corn Maze & Dinner (M)	10 CT Sun Basketball Game (M)	11 Farmers Market & Dinner (M)	12 MARC Shut Down Day	13 Mystic Seaport (S)
14	15	16	17 Dave and Busters Arcade & Dinner (M)	18 Pottery Paint Night (M/S)	19	20
21	22 	23	24 "Chorus Line" at Goodspeed (M)	25	26 Bowling & Dinner #1 (S)	27 Mystic Aquarium (M)
28	29	30				

October 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8 Early Bird Bowling (M)	9	10 Riverton Fair (M)	11 Pottery & Lunch (S)
12	13	14 MYARC Dance (M)	15	16 MYARC Arts & Crafts (M)	17 Movie Night #1 (S)	18 Mini golf & Lunch (M)
19	20	21 MYARC Dance (M)	22 Early Bird Movie (M)	23 MYARC Arts & Crafts (M)	24 Pizza & Bingo (M)	25 Corn Maze & Lunch (S)
26	27	28 MYARC Dance (M)	29 Wolfpack Hockey Game (M)	30 Pottery & Dinner (M)	31 	



November 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						1 Bowling & Lunch #2 (S)
2 	3	4 MYARC Dance (M)	5 Westbrook Elks Bingo (S)	6 MYARC Arts & Crafts (M)	7	8 Lunch & Duckpin Bowling (M)
9	10	11 Out to Dinner (S)	12	13 MYARC Arts & Crafts (M)	14 Carousel Museum & Dinner (M)	15
16	17	18 Shopping & Dinner (M)	19 Mixed Bowling & Dinner (M)	20 MYARC Arts & Crafts (M)	21 Movie Night #2 (S)	22
23 30	24	25	26	27 Happy TURKEY Day!! 	28	29

Please make checks payable to "**MARC Recreation**" and send registration and check to:

MARC Community Resources
25 Industrial Park Road
Middletown, CT 06457
Attention: Lisa Christensen

Name: _____

Address/Town: _____

Phone: _____

Date registration received at Office: _____ Order received by Lisa: _____

****Registration Deadline: Friday, August 29, 2025****

Please check the program(s) you wish to participate in:

Middletown Programs

- ___ Bowling at Mohegan (\$20.00)
- ___ Athletics Soccer Game (\$20.00)
- ___ Mystic Seaport (\$20.00)
- ___ Yard Goats Baseball Game (\$20.00)
- ___ Corn Maze (\$20.00)
- ___ CT Sun Basketball game (\$20.00)
- ___ Farmer's Market & Dinner (\$20.00)
- ___ Dave & Buster's & Dinner (\$20.00)
- ___ Goodspeed "Chorus Line" (\$20.00)
- ___ Mystic Aquarium (\$20.00)
- ___ EB Bowling (\$20.00)
- ___ Riverton Fair (\$20.00)
- ___ MYARC Dance
 - ___ w/out transport (\$80.00)
 - ___ with transport (\$100.00)
- ___ Mini Golf (\$20.00)
- ___ MYARC Arts & Crafts
 - ___ w/out transport (\$90.00)
 - ___ with transport (\$115.00)
- ___ EB Movies (\$20.00)
- ___ Pizza & Bingo (\$30.00)
- ___ Pottery & Dinner (\$20.00)
- ___ Wolfpack Hockey Game (\$50.00)
- ___ Duckpin Bowling (\$20.00)
- ___ Carousel Museum (\$20.00)
- ___ Shopping & Dinner (\$20.00)
- ___ Mixed Bowling & Dinner (\$20.00)

Shoreline Programs

- ___ Yard Goats Baseball Game (\$20.00)
- ___ Mystic Seaport (\$20.00)
- ___ Bowling & Dinner #1 (\$20.00)
- ___ Pottery & Lunch (\$20.00)
- ___ Movie Night #1 (\$20.00)
- ___ Corn Maze & Lunch (\$20.00)
- ___ Bowling & Lunch #2 (\$20.00)
- ___ Westbrook Elks Bingo (\$20.00)
- ___ Out to Dinner (\$20.00)
- ___ Movie Night #2 (\$20.00)



Mission Statement

Empower people with intellectual and developmental disabilities to live their best lives.

Vision

We envision a world that all people with intellectual and developmental disabilities are integral and valued members of the community.



MARC: Community Resources, Ltd.
25 Industrial Park Road
Middletown, CT 06457
Attention: Lisa Christensen